

Questionnaire

Pattern and prevalence of self-medication among cancer patients in Mahavir Cancer Sansthan , Patna

Kindly spare a few minutes to sincerely fill this questionnaire

Section A

Initials –

Age –

Gender -

1. Your current health condition –

Excellent Good Fair Poor Very poor

2. Degree of care you take about your health

Careful Careless

3. Whether taking self- medication or not Yes No

If “Yes” go to **section B**, if “No” go to **section C & Section D** is for both group

Section – B

1. Self -medication you are most commonly following

Ayurvedic Allopathic

3. Source of information used for self- medication

Internet Advertisement Previous prescription

Family & friend Textbook & magazine If any other source please mention

4. Source of drugs used for self- medication

Medical store unused drug at Home Friends

If any other source please mention

6 .Indication for self- medication

Fever Cough, cold, sore throat Depression Inability to sleep

Headache anaemia pain Diarrhea

Vomiting traditional cure if any other please mention

7. Drugs commonly taken by you for self- medication

Analgesics Antipyretics Anti allergic drugs Antacids Herbal medicine

Laxative Sedative Cough syrups Antimicrobials Multivitamins

Antispasmodics Decongestant Lozenges If any other please mention

8. Reason for taking self- medication

- Quick relief Time saving More economical Minor illness To avoid crowd
 Minor illness Doctor will prescribe me same drug Unavailability of health service
 Confidence on your knowledge If any other please mention

9. Have you got relieved after taking medication yes no

10. Have you experienced any adverse effect after taking medication if yes please mention

11. Awareness of various aspect of self- medication before taking medicine

- Dose and frequency of drug Adverse effects OTC [over the counter] medicine
 Expiry date of the drug Importance of completing course of medication

Section – C

1. Reason for not taking self -medication

- Misdiagnosis ADR [adverse drug reaction] Drug dependence
 Lack of knowledge about medicine Lack of knowledge about disease
 Risk of using wrong drug if any other please mention

Section – D

1. Your current attitude toward self -medication

- I will continue with self-medication Self- medication is acceptable if taken in urgency
 Promote reading leaflet of medicinal products
 Self- medication is acceptable if taken for minor illness if any other please mention

2. Your current attitude to prevent the growing trend of self -medication

- Limit the supply of medicine without a valid prescription
 Strict rules against misleading pharmaceutical advertisement
 Promote awareness regarding adverse effects of self-medication
 Health professional should be promoted to give proper instruction & explain what is prescribed
 No opinion